



A&D™ CROSSFIT MOTION DESK

Transform classrooms into active learning environments with on-demand height-adjustable sit-to-stand desks. With the simple squeeze of a hand lever, students can change the height of their desktops to their preferred level so they can work & collaborate in the way that is natural for them.

THE DIFFERENCE

There's an innate difference when you specify Paragon Furniture. We're dedicated to designing safe & eco-friendly furniture that lasts. We are committed to complying with MAS certified green criteria & our products are assembled in the U.S.A.

HEALTHLY

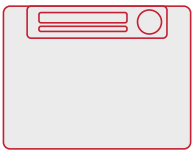
A stand up desk encourages healthy behavior that leads to physical & academic improvements. Better metabolic health leads to more alertness & engagement & promotes good posture & helps burn additional calories throughout the day.

ERGONOMIC

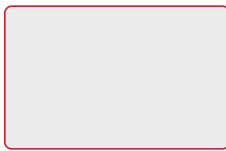
PrecisionHeight[™] Technology lets students easily adjust the desk height for proper ergonomic head positioning, helping reduce neck strain from looking down at digital devices.

FEATURES

TOP SHAPE OPTIONS



Standard Top w/Tablet Stand & Cup Holder



Rectangular



KOI

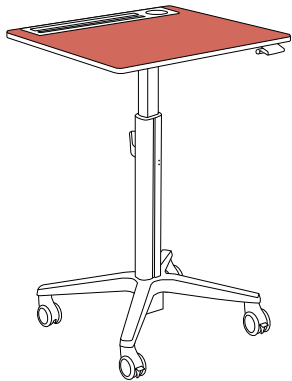


COLOR & FINISH OPTIONS

STANDARD SURFACE W/CUP HOLDER

The surface that comes standard on the Crossfit Motion is only available in gray, & the following color steps do not apply. If ordering with a Rectangle Laminate or KOI Laminate surface, proceed to the steps below.

 FASHION GRAY (366)	 COOL GRAY (0)	 ALUMINUM
WORK SURFACE	EDGE COLOR	FRAME COLOR



















STEP 1 WORK SURFACE

Use the number next to the laminate name as the key code for **STEP 1**

*Color do not apply to units with cupholder.

[FAMILY PART] - [WORK SURFACE]









SOLID LAMINATE

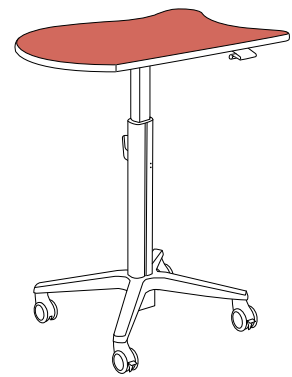
 PARAGON RED (910)	 EARTH (185)	 FROST (918)	 CITADEL (303)
 MARS (743)	 STORM (770)	 NEUTRAL WHITE (123)	 NORTH SEA GRAY (535)
 CLEMENTINE (852)	 BLACK (900)	 FASHION GRAY (366)	 PLUM (736)
 ISLAND (229)	 COWBOY BLUE (976)	 FOLKSTONE (902)	 ORANGE GROVE (233)

WHITEBOARD LAMINATE

 FROST (189)

WOOD GRAIN LAMINATE

 HIGH RISE (857)	 RIVER CHERRY (566)	 XANADU (110)	 WENGE STRAND (150)
 KENSINGTON MAPLE (963)	 STUDIO TEAK (103)	 WHEAT STRAND (179)	 BURNT STRAND (400)



PATTERN LAMINATE



NEW COLORS

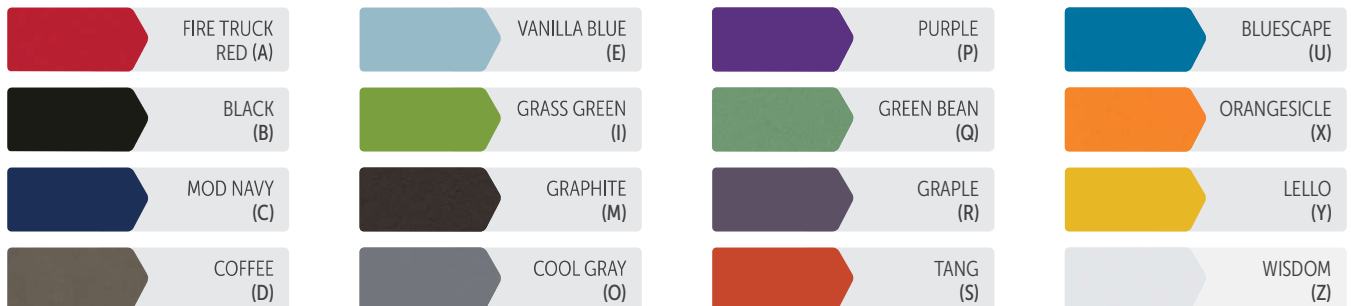


**STEP 2
EDGE**

Use the letter next to the color name as the
key code for **STEP 2**

*Edge color choice only applies to tops with High Pressure Laminate (HPL) - Rectangle or Koi.

[FAMILY] - [WORK SURFACE] [EDGE COLOR]

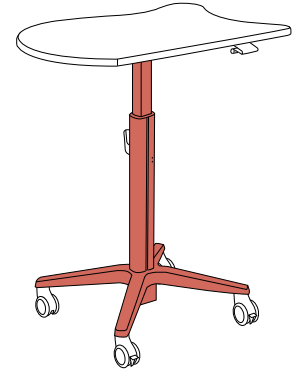


STEP 3
FRAME

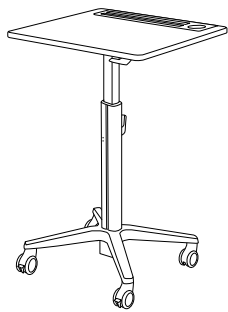
Use the letter next to the color name as the key code for **STEP 3**

[FAMILY] - [WORK] [EDGE] [FRAME]
[PART] - [SURFACE] [COLOR] [COLOR]

ALUMINUM



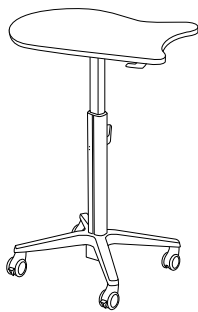
MODEL NUMBERS & PRODUCT SPECS



A&D® CROSSFIT MOTION DESK - RECTANGLE SURFACE

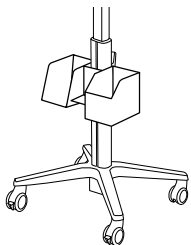
Model #	Width (in)	Depth (in)	Height (in)	Weight (lbs)	Freight Class (Qty 1)
CFMOTION2224R	24	22	29 - 45	35	85
CFMOTION2224R-NC	24	22	29 - 45	35	85

NC stands for No Cup Holder



A&D® CROSSFIT MOTION DESK - KOI SURFACE

Model #	Width (in)	Depth (in)	Height (in)	Weight (lbs)	Freight Class (Qty 1)
CFMOTION2436K	36	24	29 - 45	35	85



A&D® CROSSFIT MOTION DESK - ACCESSORIES

Model #	Width (in)	Depth (in)	Height (in)	Weight (lbs)	Freight Class (Qty 1)
AND-CF-MOTION-CADDY	14.5	8	8	5	85